

LINCOLNSHIRE HEALTH AND WELLBEING BOARD

Open Report on behalf of Dr Tony Hill, Executive Director Community Wellbeing and Public Health

Report to	Lincolnshire Health and Wellbeing Board
Date:	7 June 2016
Subject:	Health and Wellbeing Grant Fund – Update report

Summary:

This report provides the Health and Wellbeing Board with an update on the Health and Wellbeing Grant Funded projects.

Actions Required:

The Health and Wellbeing Board is asked to consider and comment on the project updates contained in Appendix A.

1. Background

The Health and Wellbeing Grant Fund for Lincolnshire (the fund) was originally established in 2008 under a Section 256 Agreement between Lincolnshire County Council and NHS Lincolnshire. It was set up to support projects and initiatives which improve health and wellbeing in Lincolnshire. In November 2014 a revised Section 256 Agreement was signed between Lincolnshire County Council and the four Clinical Commissioning Groups which gave responsibility for allocating the remaining money to the Lincolnshire Health and Wellbeing Board.

In March 2015 the Board agreed to allocate £1,316,234.00 of the Health and Wellbeing Grant Fund to ten projects. However, only nine of the projects were formally progressed as the Lincolnshire Sport's project was unsuccessful in securing match funding and was consequently withdrawn.

The My Rural Life project was completed in December 2015. This six month project, costing £10,096.00, developed a toolkit for people at risk of social isolation in the most rural part of Lincolnshire. The toolkit is designed to help people who live in the most rural

part of Lincolnshire to think about the risks of social isolation. By answering some simple questions people are able to see how much they could be at risk of isolation. The toolkit then gives information on what possible action can be taken to lower the risk. Details of the toolkit were circulated to Board Members in January 2016.

The Prince's Trust project, 'Get Started and Get Into Healthy Lives', which aims to provide support to 234 young people aged 16 -25 by providing training and routes into employment within health and care services, has not achieved its anticipated targets. It has struggled to engage young people in the 'Get Started' element of the project and the Trust has been unable to identify an appropriate delivery partner to support the 'Get Into Hospital Services' project.

Three 'Get Started' programmes were completed during 2015/16, involving 22 young people, at a cost of £39,999. The target was for three 'Get Started' programmes and two 'Get Into' programmes involving 65 young people.

Children's Services have also raised concerns about the projects compliance with the new requirements relating to Raising the Participation Age (RPA). RPA requires young people to continue in education, training or apprenticeships to the age of 18. This means all work based learning needs to be provided by a registered provider and lead to an accredited qualification (which includes English and Maths).

A meeting was held with the Prince's Trust in February 2016 to discuss what steps were being taken to address the lack of take up and to raise concerns regarding RPA. The Princes Trust agreed to provide further information on the work being done to improve performance and evidence on how the project relates to RPA. A report on the outcome of this meeting was taken to the HWB Grant Fund Sub Group in April 2016 and a decision was taken to cease the project. The Prince's Trust has been informed of this decision and the intention to service notice on this project.

A summary report on the seven remaining grant funded projects is contained in Appendix A. All these projects remain on plan and are delivering in line with the grant fund agreement.

2. Conclusion

The Health and Wellbeing Board has been given the responsible for allocating and monitoring the remaining funds in the Health and Wellbeing Grant Fund. This is the second half yearly report on the projects since the funding was agreed by the Board in March 2015 and the Board is asked to note the information contained in Appendix A and comment on the progress.

3. Consultation

Not applicable

4. Appendices

These are listed below and attached at the back of the report	
Appendix A	Health and Wellbeing Grant Fund – Update Report March 2016.

5. Background Papers

No background papers within Section 100D of the Local Government Act 1972 were used in the preparation of this report.

This report was written by Alison Christie, Programme Manager Health and Wellbeing, who can be contacted on 01522 552322 or alison.christie@lincolnshire.gov.uk

**HEALTH & WELLBEING BOARD –
Update Report
March 2016**

Amount available		£
		1,328,661.00
Project	Provider	
Get Started & Get into Healthy Lives	Prince's Trust	39,999.00
Care leavers mentoring project	Barnardo's	150,516.00
Let's Get Fizzical	Positive futures	40,720.00
Diabetes Education & Resource	4 CCGs	169,800.00
Step Forward	LCC - subcontractor	226,200.00
Assisting Low Income Households	City of Lincoln Council	98,000.00
Connecting Communities	East Lincolnshire CCG	120,302.00
My Rural Life	Sortified CiC	10,096.00
Lincs Carers Charter	Lincs Carers & Young Carers Partnership	110,600.00
Total remaining		362,428.00

HEALTH AND WELLBEING GRANT FUND PROJECT - 2015/16 Q4 Report

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Buddy Up (Care Leavers Mentoring Project)	July 2015 - June 2017	£150,516.00	£56,443	£94,073	●
Description:	To deliver a two year Care Leavers Mentoring Project across Lincolnshire to improve outcomes for both Care Leavers (CL) and volunteers. Mentors will deliver specialist interventions to sixty care leavers over the two years with a clear focus on supporting social isolation. The project is managed by a full time project worker who is responsible for recruiting 20 volunteer mentors to work with the care leavers.				
Project Lead:	Barnardo's				
Project Update:	The project start date was 01 July 2015, the Volunteer Co-ordinator started in post in September. Since then the project has received 28 expression of Interest forms from potential volunteers of which 8 have been recruited, inducted and fully trained to support a young person. Delays in the recruitment of volunteers have largely been due to the length of time it has taken to receive DBS checks. All 8 volunteers have been matched with a young person and meet on average once a week, the Volunteer Co-ordinator is also developing group interventions with young people which will be explored in the next quarter. Currently it too soon to measure the outcomes for the young person, although one care leaver is already being supported into employment. Recording within the database has been set up to capture this information for the next Quarter				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Let's Get Fizzical	July 2015 – June 2016	£40,720.00	£28,154.15	£12,565.85	●
Description:	Let's Get Fizzical is an award winning project developed by national sports charity StreetGames, which engages inactive children aged 8 – 14 years in sport. Positive Futures is seeking to pilot this model in 2 disadvantaged communities in Lincolnshire – Lincoln and Boston – reaching 8 schools in each area.				
Project Lead:	Positive Futures				
Project Update:	<p>In order to identify the schools that would participate in the phase of 'Let's Get Fizzical', Positive Futures arranged individual meetings with individual schools and cluster managers. A total of 10 schools are now participating in the project and 38 taster sessions have been delivered. 70 weekly sessions have been delivered and over 700 participants have attended the sessions.</p> <p>Community based sessions have been established at three locations, delivering 71 sessions with over 1000 attendees. These are all mixed activity sessions, designed to suit the target audience for 'Let's Get Fizzical'. The purpose of the community sessions is to enable children who have had a careful introduction to fun-based physical activities (in the school setting) to progress with confidence into mainstream activities in a community setting.</p>				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

One of the main focuses going forward will be to encourage the children from school-based sessions to attend more of the community sessions. In addition to attending the community sessions set up specifically through this project, children are also starting to attend other community sessions delivered by Positive Futures in the area. This is a very positive result.

Project Name:		Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Diabetes Education & Resources		Jan 2016 – Dec 2016	£169,800.00	£8,278.91	£161,521.09	●
Description:	To enhance the current diabetes service provided within the community by GP Practices and Lincolnshire Community Health Services (LCHS). The project will support people who have been recently diagnosed with Type 2 diabetes and those at being at a high risk of developing Type 2 diabetes.					
Project Lead:	4 Lincolnshire Clinical Commissioning Groups					
Project Update:	<p>The project went live in January 2016; however, due to unforeseen delays in starting the project, the updated diabetes education programme has not yet been extended county-wide. This is expected to start from April 2016 and ongoing monitoring will be undertaken and reported.</p> <p>The 'Diabetes Education and Resources' project will enhance the current diabetes services provided within the community by GP Practices and LCHS. The project will support people that have been recently diagnosed with Type 2 diabetes and those that have been identified as being at a high risk of developing Type 2 diabetes (known as pre-diabetes). Patients newly diagnosed with Type 2 diabetes are currently invited to attend an education course (Spotlight), which aims to give newly diagnosed patients the knowledge and skills they need to effectively self-manage their diabetes. As part of attending this course they will complete a workbook and access to other resources, these will continue to use to support them to effectively self-manage their diabetes.</p> <p>In the reporting period of January to March 2016, the following activities took place</p> <ul style="list-style-type: none"> • Engagement with the partner CCGs and Lincolnshire Community Health Services • Commissioned design work for promotional material • Linked to Diabetes UK for joint working opportunities • Exploring links with the developing National Diabetes Prevention Programme <p>The sessions and work books are now in draft form, the project will roll-out of the Spotlight education programme and with the launch of the National Diabetes Prevention Programme across Lincolnshire</p>					

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

Project Name:		Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Step Forward		Oct 2015 – Sept 2017	£226,200.00	£3,236.30	£222,963.70	●
Description:	To support adults that are unemployed and have a learning disability, autism and/or a mental health condition and help them access employment opportunities, improve their employability and reduce worklessness.					
Project Lead:	Adult Specialist Services through contracted providers					
Project Update:	<p>Following an open competitive tendering process contracts were awarded as follows:</p> <ul style="list-style-type: none"> • Lot 1 Support for employers (countywide): Lincoln College • Lot 2 Support for young people aged 16-25 (countywide): no contract awarded • Lot 3 Support for adults aged 26 and over (Lincolnshire East CCG area): Boston College • Lot 4 Support for adults aged 26 and over (Lincolnshire West CCG area): Boston College • Lot 5 Support for adults aged 26 and over (South Lincolnshire and South West Lincolnshire CCG areas): Boston College <p>The decision was made to withhold an award for Lot 2 for the following reasons:</p> <ul style="list-style-type: none"> • only one tender submission was received, which was from an internal source; awarding a contract internally would have been contrary to the Council's Procurement & Contract Regulations • the Supporting Employment Team has assured Specialist Adult Services that they are able to provide a service to young people aged 16-25 and suggested that the funding be re-allocated to support those aged 26 and over. <p>Specialist Adult Services are working with representatives from the Health & Wellbeing Board regarding the re-allocation of Lot 2 funding.</p> <p>January 2016 This was the official start of the project. However, owing to delays in signing off the contract the delivery did not start until February 2016. Boston College also requested a delay in the start of engagement activities owing to advisers not having the opportunity to use the Work Star (part of the Outcome Star suite) until after the training in mid-February. The LCC Project Manager agreed to this in the interest of individuals, i.e. not to raise expectations by registering them for the programme and then delaying the start of activities. Contracts with Boston College and Lincoln College agreed and signed by both parties.</p> <p>February 2016 Work Star training took place on 15th February 2016. In total, 18 advisers were trained from 8 organisations, including 1 from LCC Adult & Community Learning. The latter requested a place so as to be able to use the Outcomes Star as part of their service delivery that could include Step Forward beneficiaries. The Outcomes Star licence is held by Boston College on behalf of the Step Forward network. Programme delivery commenced.</p> <p>March 2016 Programme delivery continued. First claims for activities received. Boston College offered to contribute to the cost of folders for the</p>					

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

beneficiaries, to be used for storing and presenting documents. This was agreed and the folder design approved.

Up to the end of March, 18 beneficiaries have engaged with the programme, this figure is slightly behind target due to the delays in start-up of the program. However, activities reported up to the end of March 2015 all took place within 6 weeks, which demonstrates the level of demand for the service.

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Assisting low income households into work	Sept 2015 – Sept 2019	£98,000.00	£18,375	£79,625	●
Description:	This project is being undertaken as part of the 'Universal Support Delivered Locally' (USDL) work linked to the national Universal Credit rollout agenda. Adults in low income households will be supported to enhance their skills and helping them to improve their employment prospects and potentially increase their income.				
Project Lead:	City of Lincoln in conjunction with Lincoln College				
Project Update:	Due to the procurement process, the programme did not start until September 2015. Early indicators show that the training programme has proved very popular and uptake for the courses has been high, in response to the high demand the spend profile for the project has been adjusted to take this into account.				
	The I.T. courses delivered by Lincoln College are self-directed learning in the Community Education Centre, so specific sessions are not delivered – learners are working towards their own individual learning aims with tutor support. This model allows greater flexibility for the learners to work at their own pace and fits around other commitments. To date 128 learners have accessed training, there have been 12 learners move into employment but many are still in learning so the impact will be longer term and 4 learners have made progression within their current employment. Of the 128, 53 learners have completed and gained accreditation so far. Only 4 learners have failed or withdrawn and the rest are still participating on the programme.				

Project Name:	Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Connecting Communities	July 2015 – June 2017	£120,302.00	£62,068	£58,234	●
Description:	This project is to further establish and embed sustainability into two resident led, fully constituted partnership groups within the hard pressed communities of Wainfleet and Winthorpe, by funding two part time local coordinators to help develop and co-ordinate activities.				
Project Lead:	Lincolnshire East Clinical Commissioning Group				
Project Update:	Health & Wellbeing funding commenced in July 2015. This is a collaborative approach to supporting individuals, families, and communities to develop the knowledge, skills and self-confidence they need to do things for themselves and improve their surroundings and build resilience effectively. The aim is for people to have the support they need to access the information, advice, tools, resources, and training needed to improve their community and prevent individuals, vulnerable people and those less well represented getting into a crisis situation. A wide range of consultation activity has taken place in both communities to build on previous work and highlight the main areas of concern				

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided

and issues that effect people's health and wellbeing

Hundreds of residents have taken part in the consultation from which a list of issues was collated and a number of developments have taken place to try and address these issues.

Issues highlighted included:

- Speeding
- Dangerous parking
- Lack of information – not knowing what is available or going on
- Lack of things for children & young people
- Transport
- GP appointments and in general health services
- Issues with GP practices
- Dog Fouling
- Housing

Some of the positive developments include:

- Residents have met with GPs and other Practice staff to discuss access issues.
- Residents have met with transport providers to discuss options.
- Health Services have provided residents with lists of information relating to health services , including pharmacies.
- Housing providers have been encouraged to meet around the table to discuss individual resident's issues.
- Dog fouling issues have been raised with the appropriate people and more awareness has been spread around the community.
- Children and young people's facilities have been built with the help of lottery funding.
- A range of activity/social groups have been set-up to address loneliness and isolation.
- Support groups have been set up to help people with dementia and cancer.
- Newsletters and digital communications have been set-up to enable residents and groups to communicate better.
- Health and Social Care service providers have been encouraged to support both communities.
- Wider support networks have been established and awareness raising continues to develop equity of service.

Access to Services increased health & wellbeing

Both Communities have increased their assets both physical and social by developing a range of activities and services and in Winthorpe recreational facilities have been developed for children and young people to increase participation and to increase community cohesion. This has led to an increase in people accessing community activity, which has had a positive impact on individuals' lives, combatting social isolation and loneliness by bringing people together socially, who then go on to join other activities, access services and training opportunities and make friends outside of the groups.

Symbol Key:

+ Ahead of Plan

● On Plan

◆ Behind Plan

? Information not provided

Project Name:		Project Lifetime	Total Allocated	Total claimed	Total remaining	Project Status
Lincs Carers Charter		June 2015 – June 2017	£110,600.00	£45,600	£65,000	●
Description:	To establish a quality standard 'Kite' mark recognisable to all Lincolnshire carers, providers and partners as a way of addressing some of the difficulties caused by rurality, poor transport infrastructure and sparsity of population. It will also ensure a connection with other areas of work, such as Carers & Employment, where SME's will be supported to meet best practice.					
Project Lead:	Lincs Carers & Young Carers Partnership					
Project Update:	<p>The project went live in June 2015⁴ and the Kite Mark award was promptly established. Marketing/Promotional Materials been developed and distributed and the Carers Charter and Award Standards have been written – this is a 6 month process. The Application Process/Pack and accompanying documentation are now completed and in place – Carers and Young Carers were involved in producing the application form and will be represented in the assessment panel</p> <ul style="list-style-type: none"> • The Carer Awareness Training has been delivered to 9 organisations covering 230 people • 59 application packs out to organisations • 31 organisations signed up and working towards award • 2 organisations have achieved accreditation 					

Symbol Key:			
+ Ahead of Plan	● On Plan	◆ Behind Plan	? Information not provided